



QUEEN'S REGIMENTAL RIDERS ASSOCIATION

GROUP RIDE-OUT SAFETY

It is important that you read the following, to ensure your own & everyone else's safety.

The ride-out route will be explained to all riders before proceeding so that in the event that the group is separated at any point, you will all be aware of stop-off points along the route where riders can re-group. A "leader" and "last man" will be nominated for the ride.

In order that the pack is kept together, please keep an eye on the person behind you and slow down if they are lagging behind. This will have a knock-on effect up to the leader to ensure that the group is kept together.

Ride in a staggered formation, with the 2nd bike on the left, the 3rd bike on the right and so-on down the pack. The 'leader' and 'last-man' will ride centrally, to gain maximum visibility.

This formation ensures the best possible view and a safe braking-distance for each rider. It also allows space for either column to yield to obstacles in the road and to slot into single file where necessary. Remember to keep a 'sensible' distance from the bike diagonally in front of you. Please make sure that the rider in front can see you in his/her mirror, then they will know at-a-glance, where you are when they need to manoeuvre.

MAINTAIN YOUR POSITION

If a void appears in a column, every rider in that column should move up one place, so that no-one switches sides.

DO NOT PULL OUT AND OVERTAKE

When riding in a pack, if you discover a dangerous obstacle in the road such as loose gravel or mud, signal its presence to those behind by pointing at it or indicating and moving away from it. If you see this happen in front of you, please repeat the signal, so that a timely warning is passed down the pack. If the pack has to stop, the riders in the right column should pull up alongside the riders in the left column. This allows more bikes to fit into a smaller space and gives everyone good visibility when pulling away. The leader rides at the head of the pack, controlling the route and speed.

DO NOT OVERTAKE THE LEADER

If you are new to formation riding, take a position in the front section of the pack, where the pace is more even. (The pace is always faster at the rear.)

